

# FAMILY & CONSUMER SCIENCES



## Courses Offered:

- Adult Roles
- Child Development
- Career & Life Planning I & II
- Nutrition & Wellness
- Food Service
- Intro to FACS- 8th grade

# What is FACS?

Family and Consumer Sciences reflects the mission of the field: to prepare individuals for the demanding responsibilities of family member, wage earner and community citizen.

Each class is designed around the FACS mission. Introduction to FACS is offered to 8th graders only. It goes through a sample of each of the topics that FACS has to offer. Adult Roles encompasses the complications of being an adult in today's world. Topics include personality assessments, stress management, and community responsibilities. Child development follows up with adult roles going through the human growth and development from conception to age six. Through taking adult roles and child development, students will receive FREE credit at Butler County Community College if majoring in their early childhood education program. Career Life & Planning I & II allows the student to experience how to be professional and competitive in today's workforce. We research jobs, colleges, and develop a portfolio. Nutrition and Wellness walks through digestion and nutrients to the body. Food Service is hands-on experiences on how to prepare healthy and nutritious foods.



*Leadership Activity- Food Service Spring '10*



*Real Care Baby Simulation Fall '09*



*FCCLA Day on the Farm Fall '08*

Leadership is promoted both inside and outside the classroom.



# FAMILY AND CONSUMER SCIENCES

## Eureka FCCLA

Family, Career and Community Leaders of America

The Eureka FCCLA chapter has gained local, district, and state recognition for the leadership demonstrated by its members.

We have had 3 STAR event participants. Two of which have participated at the state level. We also participate in many events and projects. All projects are planned and selected by members.



*Kansas Workshop- Cluster Meeting- Dallas, TX November '09*



*Health Fair Preparing Nutritious Snacks*



*Eureka 4-H Fair Helping with Rock Wall July '10*



*Eureka Business Women Present STAR Event- February '10*

Enabling future generations with the skills for tomorrow's world.

### FCCLA Connection

- Leadership is promoted inside and outside the classroom.
- Service Learning projects have ranged from donating food to local pantry, to making and sending fleece blankets to an Ottawa Shelter.
- Leadership opportunities exist at the local, district, state and national level.