

JANUARY 2023

Mon	Tues	Wed	Thu	Fri
2	3 Cereal, Grahams Fruit & Juice	4 Breakfast Pizza Fruit & Juice	5 Biscuit & Ham, Fruit & Juice	6 Muffin, Fruit & Juice
No School TEACHER INSERVICE	Chicken Nuggets Seasoned Rice Cherry Tomatoes Green Beans Pineapple Tidbits	Italian Dunkers Cheese Bread Salad Seasoned Corn Baby Carrots Tropical Fruit	NACHOS Taco Meat Refried Beans Shredded Lettuce Diced Tomatoes Tortilla Chips & Cheese Sauce Grapes	Chicken & Noodles Mashed Potatoes Fresh Baby Carrots WW Hot Roll Banana
9 Cereal, Grahams Fruit & Juice	10 Pancakes, Fruit & Juice	11 Breakfast Pizza, Fruit & Juice	12 Biscuit & Egg Patty, Fruit & Juice	13 Flavored Bread, Fruit & Juice
Chicken Tetrazzini Garlic Bread Tossed Salad Sliced Cucumbers Baby Carrots Apple Slices	Hamburger on a Bun Shredded Lettuce Tomato Slices French Fries Red Bell Pepper Strips Fruit Cocktail	Sloppy Joe on a Bun Roasted Ranch Potatoes Green Beans Orange	Chicken Pattie Savory Rice Broccoli Florets Cherry Tomatoes WW Roll Grapes	BREAKFAST FOR LUNCH Biscuit & Gravy Hash Brown Pattie Sausage Patty (6-12) Juice Strawberries & Banana's
16	17 Cereal, Grahams, Fruit & Juice	18 Breakfast Pizza, Fruit & Juice	19 Omelet Fruit & Juice	20 Donuts, Fruit & Juice
No School TEACHER INSERVICE	Beef & Bean Burrito Tortilla Chips & Salsa Shredded Lettuce Corn Diced Rosy Red Pears	Pulled Pork on a Bun Seasoned Peas Baked Beans Apple Slices	Ham & Cheese Sub Shredded Lettuce & Sliced Tomatoes Oven Fries Applesauce	Chicken Fried Steak On a Bun Waffle Fries Steamed Broccoli Fresh Orange
23 Cereal, Grahams , Fruit & Juice	24 French Toast, Fruit & Juice	25 Breakfast Pizza, Fruit & Juice	26 Biscuit & Sausage Fruit & Juice	27 Muffin, Fruit & Juice
Pizza Mariana Sauce Bread Stick Broccoli Florets Fruit Cocktail	Salisbury Steak Mashed Potatoes & Gravy Hot Roll Seasoned Peas Sliced Peaches	Taco Burger on a Bun Tortilla Chips & Salsa Shredded Lettuce Diced Tomatoes Refried Beans Fresh Raspberries	Hot Ham & Cheese on a Bun Potato Wedges Cherry Tomatoes Apple Slices	Cheesy Chicken Pasta Soup Green Beans Rolls Orange
30 Cereal, Grahams, Fruit & Juice	31 Pancake on a Stick, Fruit & Juice			
Taco Spaghetti Garlic Bread Green Beans Tropical Fruit	Chicken Wrap Spanish Rice Shredded Lettuce & Diced Tomatoes Broccoli Florets Diced Pears			

**ALL MEALS ALSO INCLUDE CHOICE OF MILK: 1%
 WHITE OR 1% CHOCOLATE
 MENU SUBJECT TO CHANGE
 THIS INSTITUTION IS A EQUAL OPPORTUNITY
 PROVIDER
 ADDITIONAL FRUIT CHOICE AT HS ONLY**